



## HHPK/H 516: Interdisciplinary Topics in Human Performance COURSE SYLLABUS: SPRING 2014

**Instructor:** Dr. Tara Tietjen-Smith, Associate Professor

**Office Location:** Field House 100H

**Office Hours:** By Appointment, either Face-to-Face, by Phone, or by Instant Message

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### COURSE INFORMATION

#### Materials – Textbooks, Readings, Supplementary Readings:

*No Textbook Required*

Selected readings from appropriate journals *will be required*.

**Course Description:** A study of current problems and trends in health and human performance. Local, regional, state and national issues will be included in this course.

**Student Learning Outcomes:** At the successful completion of the course, students should:

1. Identify and discuss relationships among the sub-disciplines in health and human performance.
2. Discuss current topics and research questions in health and human performance.
3. Explore specific areas of health and human performance research.
4. Discuss specific health and human performance issues related to specific sub-disciplines.

### COURSE REQUIREMENTS

#### Instructional / Methods / Activities Assessments

We will identify, analyze, discuss, and research various issues in health and human performance. We will do this through online class discussions, assignments, and a group research project.

#### **Assignment 1: Discussions** (10 online discussions at 30 points = 300 points)

Ten discussions will take place online during the term over assigned topics. Students should research (reputable, professional sources) each assigned topic online before joining the debates.

#### **Student Learning Outcomes #1, #2, #3, #4**

1. Identify and discuss relationships among the sub-disciplines in health and human performance.
2. Discuss current topics and research questions in health and human performance.
3. Explore specific areas of health and human performance research.
4. Discuss specific health and human performance issues related to specific sub-disciplines.

Grade Earned	Discussions Rubric: Evaluation Criteria	Points Awarded
A	<ul style="list-style-type: none"> <li>Participates significantly in discussions, including meeting the minimum word requirement.</li> <li>Discussions are well-organized, effective, and include information from assigned readings.</li> <li>Posts contribute to the current knowledge and further discussion on topics.</li> <li>Discussion posts are supported with fact (research).</li> <li>Discussion is well-written with minimal sentence structure, spelling, and grammatical errors.</li> <li>Appropriate references are cited in APA format.</li> </ul>	90-100% 27 - 30 points
B	<ul style="list-style-type: none"> <li>Participates in discussions, including meeting the minimum word requirement.</li> <li>Discussions are well-organized, effective, and include information from assigned readings.</li> <li>Posts mostly contribute to the current knowledge and further discussion on topics.</li> <li>Discussion posts are supported with fact (research).</li> <li>Discussion is mostly well-written with minimal sentence structure, spelling, and grammatical errors.</li> <li>Appropriate references are cited in APA format.</li> </ul>	80-89% 24 – 26.9 points
C	<ul style="list-style-type: none"> <li>Participates in discussions, including mostly meeting the minimum word requirement.</li> <li>Discussions are mostly well-organized, effective, and include information from assigned readings.</li> <li>Posts somewhat contribute to the current knowledge and further discussion on topics.</li> <li>Discussion posts are mostly supported with fact (research).</li> <li>Discussion is mostly well-written with minimal sentence structure, spelling, and grammatical errors.</li> <li>Some appropriate references are cited in APA format.</li> </ul>	70-79% 21 – 23.9 points
D	<ul style="list-style-type: none"> <li>Participates in discussions (may or may not meet the minimum word requirement).</li> <li>Discussions may not be well-organized, effective, and include information from assigned readings.</li> <li>Posts may or may not contribute to the current knowledge and further discussion on topics.</li> <li>Discussion posts may not be supported with fact (research).</li> <li>Discussion is not well-written with minimal sentence structure, spelling, and grammatical errors.</li> <li>Some appropriate references are cited, and may or may not be in APA format.</li> </ul>	60-69% 18 – 20.9 points
F	<ul style="list-style-type: none"> <li>Does not participate significantly in discussions, including meeting the minimum word requirement.</li> <li>Discussions are not well-organized, effective, and include information from assigned readings.</li> <li>Posts do not contribute to the current knowledge and further discussion on topics.</li> <li>Discussion posts are not supported with fact (research).</li> <li>Discussion is not well-written with minimal sentence structure, spelling, and grammatical errors.</li> <li>Appropriate references are not cited in APA format.</li> </ul>	<60% 0 – 17.9 points

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## **Assignment 2: Assignments** (6 assignments at 50 points each = 300 points)

Six assignments related to health and human performance issues will be completed.

- Assignment 1: Major Discipline and Subdisciplines
- Assignment 2: Hot Topic Identification and Discussion
- Assignment 3: Research Bibliography
- Assignment 4: Alternative Discipline
- Assignment 5: Impact Analysis
- Assignment 6: Peer Review

Details about each assignment are provided in eCollege.

### **Student Learning Outcomes # 1 - 4,**

1. Identify and discuss relationships among the sub-disciplines in health and human performance.
2. Discuss current topics and research questions in health and human performance.
3. Explore specific areas of health and human performance research.
4. Discuss specific health and human performance issues related to specific sub-disciplines.

<b>Grade Earned</b>	<b>Assignments: Evaluation Criteria</b>	<b>Points Awarded</b>
<b>A</b>	<ul style="list-style-type: none"><li>• All questions are answered correctly.</li><li>• All key elements of topic are covered in a substantive way.</li><li>• All requirements for the assignment are met or exceeded.</li><li>• Content is comprehensive and accurate.</li><li>• References are cited in APA format.</li></ul>	90-100%
<b>B</b>	<ul style="list-style-type: none"><li>• Most questions are answered correctly.</li><li>• Most key elements of topic are covered in a substantive way.</li><li>• Most requirements for the assignment are met.</li><li>• Most content is comprehensive and accurate.</li><li>• References are cited in APA format.</li></ul>	80-89%
<b>C</b>	<ul style="list-style-type: none"><li>• Some questions are answered correctly.</li><li>• Some key elements of topic are covered in a substantive way.</li><li>• Some requirements for the assignment are met.</li><li>• Some content is comprehensive and accurate.</li><li>• Some references are cited in APA format.</li></ul>	70-79%
<b>D</b>	<ul style="list-style-type: none"><li>• Some questions are answered correctly.</li><li>• Some key elements of topic are covered in a substantive way.</li><li>• Some of the requirements for the assignment are met.</li><li>• Content is not comprehensive and accurate.</li><li>• All references are may not be cited or may not in APA format.</li></ul>	60-69%
<b>F</b>	<ul style="list-style-type: none"><li>• Most or all questions are answered incorrectly.</li><li>• Key elements of topic are not covered in a substantive way.</li><li>• Requirements for the assignment are not met.</li><li>• Content is not comprehensive and accurate.</li><li>• References are not cited or are not in APA format.</li></ul>	<60%

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### **Assignment 3: Major Project** (1 major project at 400 points)

Students will choose a research group (based on topic, from a list provided by the instructor). Students will develop a comprehensive literature review and analyze a current health and human performance topic.

Group 1: 21<sup>st</sup> Century Challenges Facing University Students

Group 2: Technology and Kinesiology

Group 3: Nicotine Dependence among College Students

Group 4: Physical Skills of Students Entering Kindergarten

Group 5: Kinesiology in the 21<sup>st</sup> Century

Group 6: Physical Activity and Academic Success

Group 7: Management of Ethical Issues in Sport

### **Student Learning Outcomes #3**

3. Explore specific areas of health and human performance research.

<b>Grade Earned</b>	<b>Group Project: Evaluation Criteria</b>	<b>Points Awarded</b>
<b>A</b>	<ul style="list-style-type: none"><li>• Group worked together in an effective way with all participants contributing to the finished product.</li><li>• All key elements of topic are covered in a substantive way.</li><li>• Complete and detailed literature search and write-up is submitted on topic.</li><li>• Analysis of research is comprehensive and accurate.</li><li>• Reference list is comprehensive, and references are cited in APA format.</li></ul>	90-100% 360 – 400 points
<b>B</b>	<ul style="list-style-type: none"><li>• Group worked together in an effective way with all participants contributing to the finished product.</li><li>• Most key elements of topic are covered in a substantive way.</li><li>• A mostly complete and detailed literature search and write-up is submitted on topic.</li><li>• Analysis of research is mostly comprehensive and accurate.</li><li>• Reference list is mostly comprehensive, and references are cited in APA format.</li></ul>	80-89% 320 – 359.9 points
<b>C</b>	<ul style="list-style-type: none"><li>• Group worked together in a somewhat effective way with most participants contributing to the finished product.</li><li>• Some key elements of topic are covered in a substantive way.</li><li>• A literature search and write-up is submitted on topic.</li><li>• Analysis of research is somewhat comprehensive and accurate.</li><li>• Reference list is somewhat comprehensive, and references are mostly cited in APA format.</li></ul>	70-79% 280 – 319.9 points
<b>D</b>	<ul style="list-style-type: none"><li>• Group may not have worked together in an effective way with few participants contributing to the finished product.</li><li>• Some key elements of topic are covered in a substantive way.</li><li>• A partial literature search and write-up is submitted on topic.</li><li>• Analysis of research is not comprehensive and accurate.</li><li>• Reference list is not comprehensive, and references may not be cited in APA format.</li></ul>	60-69% 240 – 279.9 points

<b>F</b>	<ul style="list-style-type: none"> <li>• Group did not work together in an effective way.</li> <li>• Key elements of topic are not covered in a substantive way.</li> <li>• Complete and detailed literature search and write-up is not submitted on topic.</li> <li>• Analysis of research is not comprehensive and accurate.</li> <li>• Reference list is not comprehensive, and references may not be cited in APA format.</li> </ul>	<60% 0 – 239.9 points
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### Grading

<b>Assignment 1: Discussions (10)</b>	<b>300 points (30%)</b>
<b>Assignment 2: Assignments (6)</b>	<b>300 points (30%)</b>
<b>Assignment 3: Group Project</b>	<b>400 points (40%)</b>
<b>TOTAL</b>	<b>1000 POINTS (100%)</b>

### Grade Scale:

900 - 1000 = A	600 - 699 = D
800 - 899 = B	0 - 599 = F
700 - 799 = C	

### TECHNOLOGY REQUIREMENTS

The following information on technological requirements has been provided to assist you in preparing to use technology successfully in this course. You should have access to a computer with:

- Internet access/connection – high speed recommended (not dial-up)
- Microsoft Office (more specifically, MS Word and PowerPoint)

You also have access to a personal MyLeo account and a **MyLeo email address**. This is the email address that I will use to send you information regarding this course. Please check it regularly, and be sure to send me emails from this address, also.

### ACCESS AND NAVIGATION

This course will be facilitated using eCollege, the Learning Management System used by Texas A&M University-Commerce. To get started with the course, go to: <https://leo.tamuc.edu/login.aspx>. You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

### COMMUNICATION AND SUPPORT

#### Interaction with Instructor Statement:

The best way to reach me is via email ([Tara.Tietjen-Smith@tamuc.edu](mailto:Tara.Tietjen-Smith@tamuc.edu)) as I check it frequently. I will reply within 24 hours to your MyLeo email address. Please be courteous and professional in all of your interactions with me and fellow students.

#### **eCollege Student Technical Support**

Texas A&M University-Commerce provides students technical support in the use of eCollege. The student help desk may be reached by the following means 24 hours a day, seven days a week.

- **Chat Support:** Click on 'Live Support' on the tool bar within your course to chat with an eCollege Representative.
- **Phone:** 1-866-656-5511 (Toll Free) to speak with eCollege Technical Support Representative.

- **Email:** helpdesk@online.tamuc.org to initiate a support request with eCollege Technical Support Representative.
- **Help:** Click on the 'Help' button on the toolbar for information regarding working with eCollege (i.e. How to submit to Dropbox, How to post to Discussions etc...)

## COURSE AND UNIVERSITY PROCEDURES/POLICIES

### Course Specific Procedures:

#### **Attendance:**

Please see syllabus for due dates on all assignments. Late assignments will incur a 10% point deduction per day late.

#### **Academic Honesty Policy**

Texas A&M University-Commerce does not tolerate **plagiarism** and other forms of academic **dishonesty**. Conduct that violates generally accepted standards of academic honesty is defined as academic dishonesty. "Academic dishonesty" includes, but is not limited to, plagiarism (the appropriation or stealing of the ideas or words of another and passing them off as one's own), cheating on exams or other course assignments, collusion (the unauthorized collaboration with others in preparing course assignments), and abuse (destruction, defacing, or removal) of resource material. Be aware that the intent to deceive the reader does not have to be present for plagiarism to occur. For more information, please go to <http://www.plagiarism.org/>. **If you are in any doubt as to whether your work constitutes plagiarism or academic dishonesty, please discuss this with me confidentially.**

### University Specific Procedures:

#### *ADA Statement for Students with Disabilities*

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

**Office of Student Disability Resources and Services**  
**Texas A&M University-Commerce**  
**Gee Library 132**  
**Phone (903) 886-5150 or (903) 886-5835**  
**Fax (903) 468-8148**  
[StudentDisabilityServices@tamuc.edu](mailto:StudentDisabilityServices@tamuc.edu)

#### *Student Conduct*

This course will cover topics related to health and human performance. Students may have widely differing views. Students should feel comfortable discussing their individual views and experiences concerning each subject. Students should also respect each other's differences and points of view. **If the instructor deems that individual students are not being respectful toward each other or the instructor, then these students will be asked to drop the course.** Please refer to pages 42 – 45 of the TAMU-C Students' Guidebook Codes of Conduct for details. All students enrolled at the university shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. (See *Code of Student Conduct from Student Guide Handbook*).