

# TANA YAGER

Educator | Counselor | Advocate

Curriculum Vita Last Updated: April 2022

## EDUCATION

### **PhD in Counselor Education and Supervision (CACREP-Accredited) (in progress)**

Texas A&M University-Commerce  
2021-present

### **MS in Counseling (CACREP-Accredited)**

Texas A&M University-Commerce  
2014-2017

### **BS in Psychology - Highest Honors, Magna Cum Laude**

Texas A&M University-Commerce  
2010-2013

Honors thesis: Accuracy of Friend Personality Perception when a Group Identity is Salient

Thesis advisor: Dr. Stephen Reysen, Texas A&M University-Commerce - Psychology Department

## AREAS OF EXPERTISE

Social Justice Education

Emerging Adult Transitional Identity

Gender and Sexuality Exploration and Affirmation

## PROFESSIONAL LICENSURE

### **NCC**

Nationally Certified Counselor

National Board for Certified Counselors

### **LPC**

Licensed Professional Counselor

Texas Behavioral Health Education Council

## ADVANCED TRAINING

Brainspotting Training Phase 1 - Virtual- 2021 (clinical trauma training)

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## ACADEMIC APPOINTMENT

### Graduate Teaching Assistant - Honors Program

Texas A&M University-Commerce  
2021-present  
Teacher of Record

### Undergraduate level courses taught

*Traditional:* HC 200 - First Year Experience

*Traditional:* HC 497 - Social Justice, Intersectionality, and Advocacy

\*Developed syllabus and designed curriculum for the course

*Hybrid guest lecture:* RSP 201 - Leadership

Topic: Intersectionality, Privilege, and Oppression

## ACADEMIC SCHOLARSHIPS

Ruth Ann White  
Endowment  
2022-2023

TPEG Grant Resident -  
Graduate Scholarship  
2021-2022

Distinguished Alumni  
Scholarship  
2021-2022

Pride Scholarship  
2015-2017

Barbara Fisher Memorial  
2016-2017

Graduate Fellowship  
2015-2016

## GRANT FUNDING

Society for Personality and Social Psychology - 2012 - Diversity Fund  
Undergraduate Research Grant

McNair Program - 2012 - Social Psychology Research and Travel

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## PUBLICATIONS

### Peer Reviewed Journal

Reysen, S., Hall, T., & Puryear, C. (2014). Friends' accuracy and bias in rating group identification. *Current Psychology*, 33(4), 644-654.  
<https://doi.org/10.1007/s12144-014-9234-5>

### Mental Health Magazine

Yager, T. (2017) 7 Forms of self-care that save me from life. *SOS Magazine*.

## RECENT PRESENTATIONS

**Feb 2022** **Advocating for LGBTQ+ Mental Health Needs in Texas**  
Intercultural Engagement and Leadership Conference

**Feb 2022** **It's not you, it's me. Handling values based conflict in counseling.**  
Texas Association for Counselor Education and Supervision

## PROFESSIONAL DEVELOPMENT

OCD Southern California 6th Annual Conference - Virtual - April 2022

Texas Association for Counselor Education and Supervision (TACES) Conference - Arlington, TX - 2022 (presented)

Social Justice Conference - Commerce, TX - 2022 (presented)

Texas Counseling Association - Galveston, TX - 2021

Brainspotting Training Phase 1 - Virtual- 2021 (clinical trauma training)

American Counseling Association (ACA) Conference Attendance - New Orleans, LA - 2019

American Counseling Association (ACA) Conference Attendance - Atlanta, GA - 2018

American Counseling Association (ACA) Conference Attendance - San Francisco, CA - 2017

Pathways Symposium Presentation 2013 (presented)

Pathways Symposium Presentation 2012 (presented)

Pathways Symposium Presentation 2011 (presented)

Society for Personality and Social Psychology Conference Presentation - San Diego, CA - 2012 (presented)

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## PROFESSIONAL ORGANIZATIONS

Texas Counseling Association (TCA)

Texas Society for Sexual, Affectional, Intersex and Gender Expansive Communities  
(TxSAIGE)

Texas Counselors for Social Justice (TxCSJ)

Texas Association for Counselor Education and Supervision (TACES)

American Counseling Association (ACA)

## LEADERSHIP AND HONORS

TxSAIGE - Emerging Leader effective 2022

TAMU-C Social Justice Change Maker 2022

## STUDENT RESEARCH PROJECTS

Martha Hill | Honors Thesis | Committee Member

Research topic: Analyzing music videos for trends of religious trauma  
within the LGBTQ+ community

## SUPERVISION EXPERIENCE

In collaboration with their faculty and department support, I provide individual and group supervision to those that require it at my group practice:

In addition to my current supervision experience, I briefly provided supervision to interns at Glen Oaks as well via their direct experience and overseeing their requirements were met.

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## COUNSELING EXPERIENCE

- 2020-present Hometown Counseling**  
Business Owner, Therapist
- Manages finances, marketing, and clinical needs of staff of affirming group practice
  - Provides supervision to student interns and aids in development of new counselors
  - Maintains personal caseload of young adults for humanistic, cognitive behavioral therapy and Brainspotting therapy
- 2021-present Texas A&M University Commerce**  
Graduate Teaching Assistant
- Develops course content and curriculum
  - Teaches discussion and lecture based courses to Honors student
  - Manages online grading and student communication
- 2020-2021 Pecan Valley Behavioral Center**  
Intake Coordinator, Therapist
- Completed initial diagnostic evaluations for individuals with severe emotional needs
  - Educated the public about severe mental illness (SMI)
  - Assisted with crisis services and helping individuals find inpatient resources
- 2020 Glen Oaks Hospital**  
Inpatient therapist
- Served on multidisciplinary team with hospital staff (i.e. psychiatrist, nurses, clinical director, etc)
  - Completed psychosocial history evaluations and provided diagnostic input
  - Conducted daily group sessions on a wide range of health topics
- 2018-2020 SMH Counseling Solutions**  
Private Practice Therapist
- Managed independent caseload of therapy clients
  - Met with range of individuals and presenting concerns that provided vast experience and knowledge
  - Responsible for maintaining documentation and clinical needs of individuals

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## EXPERIENCE (CONT.)

- 2013-2018**      **Lakes Regional Behavioral Center**  
TCOOMMI Case Manager - Counseling Intern - LOC 1 Case Manager
- Worked with Texas Department of Criminal Justice grant to serve individuals with severe mental illness and felony charges
  - Worked collaboratively with mental health providers and community officials to best advocate for the needs of my clients
  - Served as a skills trainer, educating individuals how to best meet their needs in a short term way

## GROUPS LED

LGBTQ+ Support Group  
Interpersonal Skills  
Anger Management  
Budgeting/ Financial Literacy  
Self Care and Wellness  
First psychotic break support  
Severe mental illness management  
Crisis resource development  
Inpatient health and wellness