

# Karl Vonzell Mitchell, PhD, NCC, LCDC, LPCA

Curriculum Vitae 2024

**Assistant Professor**  
**Department of Counseling**  
**College of Education and Human Services**  
**Texas A&M University – Commerce**

## Professional Summary

Dr. Mitchell is an Assistant Professor with experience working with, and counseling, refugee, substance abuse/addictions, and student populations. He has over 15 years of relevant work experience serving and working within the Mental Health field, and with clients and communities from various populations. Professional and research interests include service-learning in counselor education, multiculturalism, multicultural counseling/competence, social justice advocacy, globalization of counseling, interventions for quality care of clients and communities, and treatments to help eliminate misdiagnosis. As an Assistant Professor he will incorporate his teaching, counseling, and service with research, utilizing qualitative, quantitative, and mixed methods research designs. Dr. Mitchell is currently licensed in the State of Texas as a LCDC and LPC Associate, and is a Nationally Certified Counselor.

## Professional Experience

### Teaching

#### Assistant Professor

Spring 2024 Texas A&M University - Commerce

#### **COUN 530 Clinical Mental Health Counseling**

As the foundation course for those planning to be counselors in mental health settings, this course includes theoretical and applied information regarding mental health counseling services in the context of the larger social services system. A variety of delivery systems, staffing procedures, case management procedures, emergency services, treatment paradigms, and the need for consultation and collaboration among mental health professionals are discussed.

#### **COUN 548 Advanced Counseling Skills**

A laboratory-based, experiential course, Advanced Counseling Skills will merge the continued development of basic skills with theoretically based conceptualization skills and techniques. Students will examine their intrapersonal alignments with chosen theoretical orientations. Students will practice theoretically consistent conceptualization skills and techniques. Students will be expected to adhere to ACA Ethical Standards.

#### **COUN 552 Internship**

Primary interest is on integration of process, conceptual, professional, and personal skills. Provides extensive supervised experience in a setting closely aligned with student's chosen program. Course is repeated for two, three-credit hour courses, each requiring approximately 20 weekly hours (300 total in each) of field experience, to meet master's requirement of six hours of internship.

Winter Mini 2024 Texas A&M University - Commerce

#### **COUN 481 Introduction to Drug and Alcohol Addiction**

This course provides comprehensive coverage and the latest information on a full spectrum of substance use disorders and the compounds commonly abused. Topics include: the abuse of and addiction to alcohol; how the active agent in marijuana, THC, affects neural growth and development; the emerging body of evidence suggesting a relationship between marijuana abuse and psychotic disorders; the emerging body of evidence suggesting that marijuana is not as benign as it was thought to be even a few years ago; and updated information on the abuse of cough syrups, a trend that has evolved in adolescent substance abusers in the past decade.

### Contact

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P.O. Box 3011, Commerce, Texas 75429

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Fall 2023 Texas A&M University - Commerce

## **COUN 501 Introduction to the Counseling Profession**

Recommended as initial course in a student's program to serve as an introduction to the counseling profession. Roles of counselors and related professionals in various settings are presented. Professional goals and objectives, trends, professional associations, ethical and legal issues, history, credentials, and preparation standards for counselors are explored.

## **COUN 510 Counseling Theories and Techniques**

A study of the philosophical and theoretical bases of the helping process. Includes study of major counseling theories, basic helping skills, and applications to diverse populations. Also includes professional issues related specifically to the counseling process.

## **COUN 528 Introduction to Group Dynamics and Procedures**

A study of group development, dynamics, and theories in relation to group counseling. Leadership styles, techniques and roles are explored, and ethical issues related to group interventions are discussed.

## **Doctoral**

Spring 2021 (Guest Lecturer) Texas A&M University - Corpus Christi

## **6354 Counselor Education Pedagogy** - Topic Taught: Service-Learning in Counselor Education

Instructional techniques: Type of instructional approach for hands on experience/community-based learning

CACREP Standard 6-B-3-b Teaching: Pedagogy and teaching methods relevant to counselor education

Lecture included review of a researcher developed service-learning database with quantitative and qualitative studies, and a class activity that involved students in the formulation of their own service-learning course based on Council for the Accreditation of Counseling and Related Educational Program CACREP-standards, American Counseling Association ACA Code of Ethics, and areas of interest.

## **Graduate**

Fall 2020 (Guest Lecturer) Texas A&M University - Corpus Christi

## **5314 Theory & Practice of Multicultural Counseling**

Topic Taught: Spiritual Diversity

Lecture included a discussion on religion and spirituality in the United States of America, an overview of major world religions, considerations for counseling, counseling session recommendations, and a review of competencies.

Summer 2020 Teaching Assistant:

## **5698 Internship, and 5327 Ethical and Legal Issues in Counseling**

Spring 2020 Teaching Assistant:

## **5306 Career Counseling, and 5698 Internship**

## **Undergraduate**

Spring 2023 (Adjunct Faculty) Texas A&M University - Corpus Christi

## **TAMUCC First-Year Learning Communities Program - 1101 University Seminar II**

<https://www.tamucc.edu/liberal-arts/departments/interdisciplinary-studies/first-year-learning-communities/index.php>  
(6 courses - Engineering & Computer Science)

Fall 2022 Adjunct Faculty:

## **TAMUCC Learning Communities Program - 1101 University Seminar I** (5 courses - Nursing & Engineering)

Worked with first-year students throughout the semester as they transitioned to college. Class assignments and activities were specific to first-year students' academic success and each learning community. During the semester I also incorporated assignments relevant to the Threshold Achievement Test for Information Literacy TATIL, administered the Beginning College Survey of Student Engagement BCSSE, and assisted with advising. The primary learning community project for the semester consisted of presentations for the annual First-Year Symposium.

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## Education

Texas A&M University – Corpus Christi  
Department of Counseling and Educational Psychology  
Doctor of Philosophy in Counselor Education August 2019–May 2023

CACREP accredited counseling program devoted to excellence in instruction, research, and service. Prepares counselors and counselor educators representing varied backgrounds and experiences, to serve the educational and mental health needs in the global community. Graduates establish a counselor identity, adhere to the highest ethical standards, and serve as advocates for diverse populations. Graduates are expected to demonstrate a knowledge base of counseling and the clinical and teaching skills considered necessary to be an effective counselor or counselor educator in a variety of settings. The Department of Counseling and Educational Psychology prepares counselor educators as university professors, at the doctoral level.

Texas A&M University - San Antonio  
Master of Arts in Counseling and Guidance  
Clinical Mental Health Counseling August 2014–August 2019

The Mental Health Counseling track prepares students for employment in a wide variety of mental health and human services settings. This track allows for nine hours of specialized training in student-selected coursework and satisfies academic requirements for the Licensed Professional Counselor (LPC) in the State of Texas. Students in this program learn to apply mental health, psychotherapeutic and lifespan development principles to facilitate client adjustment and development.

Norwich University (Northfield, Vermont)  
Master of Arts in Diplomacy  
International Conflict Management June 2013–Sept 2017

The Master of Arts in Diplomacy program helps you develop specialized skills required to build cooperation, defuse tension, and promote peace between and among nations, groups, and other entities. It prepares you to become an international problem solver in any sector, including public, private, nonprofit, and the military.

The University of Texas San Antonio  
Master of Science in Public Policy - Justice Policy  
(Abt) August 2006–December 2011

The Master of Science in Justice Policy provides competency in policy planning and evaluation, and skills for managing justice agencies in complex and dynamic environments. The program assists in the development and application of research expertise to the study and resolution of contemporary justice policy problems.

The University of Texas San Antonio  
Bachelor of Arts in Criminal Justice - Law Enforcement  
Minors in Legal Studies and Business August 2001–December 2005

The Department of Criminal Justice offers a Bachelor of Arts degree which provides the opportunity for comprehensive study of criminal justice. Students completing the Bachelor of Arts degree may pursue professional careers in government or the private sector as well as apply for admission to law/graduate schools.

South San West Campus High School August 1997-May 2001  
San Antonio, Texas

National Honor Society

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## Research

### Editorial Board Member

Literature Reviews in Education and Human Services  
November 2023 - Present

### Ad Hoc Editorial Board Member

Journal for Specialists in Group Work  
November 2022 - June 2024

### Research Committee Member

Association for Specialists in Group Work  
August 2021 - Present

### Graduate Research Assistant

Texas A&M University - Corpus Christi  
College of Nursing and Health Sciences  
June 1, 2022 - August 31, 2022

### Current Research Manuscripts

Mitchell, K. V. and Donald, S. (2024). Advancing global health equity with service-learning in counselor education [Manuscript in preparation]. *International Journal for the Advancement of Counseling*.

Mitchell, K. V. and Gautney, M. (2024). Service-learning in counselor education: A systematic review of service-learning courses [Manuscript in preparation]. *Journal of Counseling and Development*.

Mitchell, K. V. (2024). An approach to group counseling for refugees: The integration of person centered group counseling, the ACA Code of Ethics, and the ASGW Guiding Principles [Manuscript in preparation]. *Journal for Specialists in Group Work*.

Mitchell, K. V. (2024). Counseling refugees: Interventions and best practices for counselors and counselor education [Manuscript in preparation]. *Journal of Multicultural Counseling and Development*.

Mitchell, K. V. (2024). Leadership development and client advocacy in counselor education through service-learning [Manuscript in preparation]. *Journal of Counselor Leadership and Advocacy*.

Mitchell, K. V. (2024). Integrating service-learning into counselor education curriculum: Recommendations for the profession [Manuscript in preparation]. *Journal of Multicultural Counseling and Development*.

Mitchell, K. V. (2024). *Enhancing multicultural competency and social justice advocacy skills with service-learning in counselor education - A qualitative inquiry* [resubmission in preparation].

Wachira, E., Devlin, J., Hendricks, L., Smith, D. Mitchell, K. Perceived Social Support & Occupational Distress among African American Clergy. *Theology Matters* (Submitted November 2023)

Mitchell, K.V. (2024, January 23-26). Service-Learning in Counselor Education: Professional Ethics and Ethical Considerations. [Manuscript in preparation].

### Current Book Manuscripts

Mitchell, K. V. (2023). Service-learning in counselor education [Manuscript in preparation]. SAGE.

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## Research

### Articles/Newsletters

Mitchell, K. V. (2020). *Service-Learning in Counselor Education – Enhancing Personal and Professional Development through Classroom, Community and Service Connections*. Southern Association for Counselor Education and Supervision SACES 2020 Summer Newsletter.

<http://saces.org/resources/Documents/SACES%20Summer%202020%20Newsletter%20.pdf>

Mitchell, K. V. (2024). *Service-Learning in Counselor Education*. Southern Association for Counselor Education and Supervision SACES 2024 Spring Newsletter [Manuscript in preparation].

<http://https://saces.wildapricot.org/newsletters/>

### Publications

Mitchell, K. V. (2023). *Universal Approach to Multicultural Counseling*. In S. B. Dermer & J. R. Abdullah (Eds.), *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. SAGE.

Mitchell, K. V. (2023). *Globalization and Counseling*. In S. B. Dermer & J. R. Abdullah (Eds.), *The SAGE Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. SAGE.

Hendricks, L., Smith, D., Mitchell, K.V., Baig, J., Hudson, E. (2023). *Factitious Disorder Among African Americans*. In Hendricks, L., Smith, D. (Eds.), *Changing The Stigma Of Mental Health Among African Americans: Moving From Denial To Acceptance*. IGI Global.

Mitchell, K. V. (2023). *Service-learning in counselor education: A qualitative inquiry on core counselor education faculty lived experiences developing and enhancing student multicultural competency and social justice advocacy skills in CACREP-accredited programs*. ProQuest.

## Counseling

### Loving Yourself Well Counseling

[www.lovingyourselfwellcounseling.com](http://www.lovingyourselfwellcounseling.com)

2023-2024

Individual Counseling

### Texas A&M University – Corpus Christi Counseling Center Training Program

[www.counseling.tamucc.edu](http://www.counseling.tamucc.edu)

Fall 2020/Spring 2021/Spring 2022 Practicum/Internship

Doctoral Student Intern

During the University Counseling Center training program I provided individual and group therapy, workshops, outreach events/services, program development, academic skills coaching, and didactic trainings. With the utilization of a Practitioner-Scholar training model the training program included: experiential and didactic training that assisted in further defining theoretical orientations, weekly training that facilitated basic and advanced therapeutic skills, and training that provided the clinical knowledge and skills to become a successful independent practitioner.

Summer/Fall 2021

Individual Counseling

Facilitated Wellness Workshops

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## **Nueces County Community Supervision and Corrections Department CSCD Substance Abuse Treatment Facility SATF** [www.nuecescountyprobation.com](http://www.nuecescountyprobation.com)

745 North Padre Island Drive, Corpus Christi, TX 78406 (February 2020 – May 2020)  
Supervisors: Catherine Modlin, Gary Gelinis (361) 289-4242

### Residential Counselor

As a Residential Counselor I provided counseling for chemically dependent clients referred by the courts and completed comprehensive assessments of clients' substance abuse history and treatment requirements, while developing individualized treatment plans. This position provided individual, group, family, and other residential counseling.

As a Residential Counselor I also:

- Administered and delivered education programs in accordance with treatment plan.
- Documented treatment, discharge plans, clients' progress, response to treatment, and maintained related records/files.
- Provided case management, contributed to client care monitoring, and other job-related duties as assigned by the Clinical Supervisor.

**Center for Refugee Services** [www.sarefugees.org](http://www.sarefugees.org) 8703 Wurzbach Rd. #A1, San Antonio, Texas 78240  
(January 2019 – August 2019) Supervisor: Margaret Costantino (210) 949-0062

### Counseling Intern/Camp Discover Coordinator

As a Graduate Student Counseling Intern (Texas A&M University – San Antonio), I worked in a cross-cultural environment supporting the mission of CRS in promoting wellness, self-sufficiency, and successful community integration of resettled refugees and their families.

The Center for Refugee Services assists over 400 clients per month who are legally resettled refugees in San Antonio, TX from at risk populations in over 20 countries that have been torn by violence, war, and human rights abuses. Clients include Bhutanese exiles living in refugee camps in Nepal, Burma (Myanmar), DR Congo, Somalia, Syria, Sudan, Iraq, Iran, Afghanistan, Central African Republic, etc. Since 2010 over 10,000 individuals have resettled in San Antonio as permanent residents; after 5 years most apply for US citizenship. CRS is the only registered, independent nonprofit agency that works exclusively to promote the successful community integration of legally resettled refugees.

- As an Intern and Camp Coordinator at CRS I also provided individual and group counseling, supported students transitioning from middle to high school, and high school to college through coordinating college campus visits, and experiential/team building activities.

- I also assisted with the Pathways to Wellness and Refugee Health Screener RHS-15 at the San Antonio Refugee Health Clinic, and provided individual and family social services, resources, and referrals.

## **Supervision**

Texas A&M University – Commerce  
Department of Counseling  
Fall 2023 Introduction to Group Dynamics and Procedures  
Group Counseling

Spring 2024 Internship  
Individual Counseling

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Texas A&M University – Corpus Christi  
Department of Counseling and Educational Psychology  
Spring 2020

Provided supervision to a Master of Science in Professional Counseling program supervisee/counselor-in-training as part of a Doctoral Counselor Education Supervision course. Work with supervisee included monthly meetings on client concerns that consisted of recorded sessions, discussions on counseling interventions/approaches, and goals for professional development on areas of improvement throughout the semester.

## Leadership, Service, Advocacy, and Professional Experience

### Chi Sigma Iota

Counseling Academic and Professional Honor Society International  
Epsilon Tau Chapter Faculty Advisor  
Texas A&M University - Commerce  
College of Education and Human Services  
December 2023 - Present

### Chi Sigma Iota

Counseling Academic and Professional Honor Society International  
Theta Alpha Mu Chapter  
Texas A&M University - Corpus Christi  
College of Education and Human Development  
April 2023 - Present

### Texas A&M University – Corpus Christi

National Society of Leadership & Success  
Spring 2023

### Texas A&M University – Corpus Christi

Diversity, Equity, Inclusion, and Belonging DEIB  
Faculty Member Spring 2023

### Southern Association for Counselor Education and Supervision SACES

Emerging Leaders Program 2020-2022

The program includes attending an Emerging Leader Workshop (October 2020), participating in monthly meetings with assigned EL small group facilitator, engaging regularly with designated SACES committee, mentor, interest network, or executive committee leader, and completing 15 hours of service to SACES during each year of the program. During the Fall 2020/Spring 2021 semesters I worked with the SACES Service-Learning Interest Network, and currently serve as Chair (Fall 2021/Spring 2022).

### Texas A&M University – Corpus Christi College of Nursing and Health Sciences

[www.conhs.tamucc.edu/](http://www.conhs.tamucc.edu/)

RN Empowerment and Advancement through Diversity READY Program

Success Coach

August 2020 - June 2022

Program provided opportunities to individuals from disadvantaged backgrounds, including racial and ethnic minorities underrepresented among registered nurses (RNs), to obtain a Bachelor of Science in Nursing (BSN). Each semester included collaborative work with students towards achieving their personal, professional, academic, and career goals. Individual success coach sessions were biweekly throughout the semester, and included monthly workshops and team meetings.

### Texas A&M University – Corpus Christi

Black Faculty & Staff Association

Fall 2021-Spring 2023

Participated as staff member.

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## Leadership, Service, Advocacy, and Professional Experience

### **Nix Behavioral Health Center**

[www.nixhealth.com](http://www.nixhealth.com)

(October 2018 – January 2020) Supervisor: Roger Perez (210) 200-7085

Intake Specialist (Nix Behavioral Health Center – Intake/Assessments)

Position included general clerical duties, triaging calls, coordinating, and communicating information and requests to hospital staff members, other departments, physicians and referral sources. Work consisted of collaborations with a multidisciplinary team assisting with client assessments, documenting patient calls/inquiries, entering information in the company database program, attending meetings/training's as required and other duties as assigned.

(May 2017 – September 2018) Supervisor: Alycia Kraemer (210) 290-2622

Mental Health Technician (Nix Behavioral Health Center - Psychiatric Emergency Services Unit)

Worked on a Psychiatric Emergency Services PES Unit assisting nursing interventions to improve and maintain the emotional and physical health of the psychiatric patients. Included nursing care activities under the supervision and/or direction of the Clinical Nursing Supervisor, charge nurse, or staff nurse. Participated in the Milieu Therapy Program under the supervision of a Program Coordinator.

**Texas A&M University – San Antonio** [www.tamusa.edu](http://www.tamusa.edu) One University Way, San Antonio, TX 78224

Mays Center for Experiential Learning and Community Engagement

September 2018 – May 2019 Supervisor: Christina Guerra (210) 784-1000

Student Worker I/General's Store Manager (General's Store Food Pantry)

Position consisted of managing a campus food pantry, recruiting volunteers, managing hours, and attending all necessary trainings at the San Antonio Food Bank to ensure all pantry operations were safe, secure, and within proper protocol. Created a market-style friendly shopping environment while coordinating with volunteer team, maintaining customer applications, store records, intake forms, and shopping data to ensure comprehensive data collection. Maintained displays ensuring consumer materials were always available and easily accessible. Created food orders and shopped at the San Antonio Food Bank Agency Store to provide quality products and services to students.

**Clarity Child Guidance Center** [www.claritycgc.org](http://www.claritycgc.org) 8535 Tom Slick, San Antonio, Texas 78229

(May 2013 – June 2016) Supervisor: Francis Petimezas/Joe Nerios (210) 616-0300

Mental Health Counselor

Communicated therapeutically to pediatric patients ranging from 3-17 years old. Actively involved with patient's recovery with a team of doctors and nurses, while being responsible for the transfer of behavior signs and symptoms to assigned charge nurse. Also responsible for safety searches on new admissions, the safety and well being of patients assigned, and assisting with overall needs.

**CALAB, Inc.** [www.calabinc.com](http://www.calabinc.com) Heath Rd., San Antonio, TX 78250 (June 2010 – April 2013)

Supervisor: Felicia Eskew (210) 647-0191

Case Manager/Support Supervisor

Position included managing, supervising, and assisting Developmentally Disabled clients, providers, and staff in Foster Care and Supported Home Living environments. Trained specialized foster care providers/parents as part of an overall service plan for clients with moderate to severe behavioral and special needs. Hired, trained, supervised, evaluated Direct Service Personnel, and staff scheduling to ensure adequate shift coverage. Assisted in program development and implementation. Coordinated/monitored foster care services & on call duties.



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## Leadership, Service, Advocacy, and Professional Experience

The University of Texas San Antonio [www.utsa.edu](http://www.utsa.edu) 501 W César E Chávez Blvd, San Antonio, TX 78207 (August 2007 – May 2010) Supervisor: Dr. Michael J. Gilbert (210) 458-4011  
Graduate Research Assistant

Position included assistance in literature gathering/review/organization, research, web-presentations, grading, substitution, evaluation of research projects and other duties as needed.

Mission Vista Hospital 14747 Jones Maltsberger Rd., San Antonio, TX 78247 (210)308-2100  
February 2005-December 2008  
Mental Health Counselor

Position included supervision/observation and direct care of patients. Provided daily client care for all adults and senior citizens. Involvement included conduct group counseling, participation in each client's interdisciplinary treatment plan and help with facilitation of goal setting for each client. Ensured compliance with all policies, procedures, standards, and guidelines.

## Professional Licensure

### National Certified Counselor NCC

National Board for Certified Counselors  
Certificate Number 1378904 (Expires September 30, 2028)

### Licensed Chemical Dependency Counselor LCDC

Texas Health and Human Services Commission  
License Number 15801 (Expires June 30, 2025)

### Licensed Professional Counselor LPCA

Texas State Board of Examiners of Professional Counselors  
Texas Behavioral Health Executive Council  
License Number 84984 (Expires December 13, 2025)

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## Training and Certifications

Six Years of Collaboration in Belize: Successes, Challenges, and Outcomes (January 2024)  
Continuing Education Certificate  
National Board for Certified Counselors

Mental Health Capacity Building in Low-Income African Countries (January 2024)  
Continuing Education Certificate  
National Board for Certified Counselors

Trauma-Informed Practices of Mental Health Professionals Around the Globe (January 2024)  
Continuing Education Certificate  
National Board for Certified Counselors

Conducting Transnational Mental Health Training (January 2024)  
Continuing Education Certificate  
National Board for Certified Counselors

Religion in the Current Movement of Professionalizing Counselor Education (January 2024)  
Continuing Education Certificate  
National Board for Certified Counselors

Culturally Relevant Counseling: Incorporating Global Perspectives (January 2024)  
Continuing Education Certificate  
National Board for Certified Counselors

A Day in the Life of a Counselor (January 2024)  
Continuing Education Certificate  
National Board for Certified Counselors

Private Practice: Healthcare Business and Tax Strategies for Success (March 2022)  
Continuing Education Certificate  
American Counseling Association

Use of Service Learning and Cultural Immersion to Increase Multicultural Competencies (May 2021)  
Continuing Education Certificate  
American Counseling Association

Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training PESI, Inc. 2020

Certificate in Digital Learning (June 2020)  
Office of Distance Education and Learning Technologies – Texas A&M University-Corpus Christi

Nueces County Community Supervision and Corrections Department (2020)  
Ethics/Codependency, SI to Hope, Criminal Justice Information System Security & Awareness, Texas Department of Public Safety Criminal Justice Practitioner, PREA, Women's & Men's Health Services of the Coastal Bend (HIV-AIDS, STD, HEP C)

Nix Health/Nix Behavioral Health Center (2017-2020)  
SAMA, CPR/First Aid, Patient Advocacy Skills, Emergency Management, Pain Management, Restraints, Falls Reduction, Patient Navigation, Project Red Sepsis, and Healthstream

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## Professional Counseling Association Memberships & Service

### Current

Texas Counseling Association TCA 2023-2024

American Counseling Association ACA 2023-2024

International Association of Marriage and Family Counselors IAMFC

Texas Association of Black Personnel in Higher Education TABPHE

### Pending Membership Renewal

Texas Association for Assessment and Research in Counseling TAARC

Texas Association for Humanistic Education and Development TAHEAD

Texas Counselors for Social Justice TxCSJ

American College Counseling Association ACCA

Association for Spiritual, Ethical, and Religious Values in Counseling ASERVIC

Counselors for Social Justice CSJ

International Association for Counseling IAC

Association for Assessment and Research in Counseling AARC

### Professional Service

Texas Counseling Association TCA

Summer 2023-Present: Public Policy Committee

Association for Specialists in Group Work ASGW

Fall 2021-Present: Research Committee

Fall 2022-Present: Membership Committee Co-Chair

International Association of Addictions and Offender Counseling IAAOC

Spring 2021: Reentry Committee Co-Chair, Restorative Justice Committee Co-Chair,  
Education Subcommittee Chair

Association for Multicultural Counseling and Development AMCD

Spring 2022 - Present: State Divisions Formation Committee Chair

Fall 2021: Graduate Assistant

Spring 2021: Writers' Consortium: Team Program Development and Management (team lead)

2021-Present: International Concerns Group Member

Southern Association for Counselor Education and Supervision SACES

Fall 2021-Present: Service-Learning Interest Network/Task Force Chair

## Grants, Awards, and Scholarships

Texas A&M University – Corpus Christi:

2021-2022 Student Research Grant - Service-Learning in Counselor Education

2021-2022 Islander Leadership Scholarship

Spring 2021 Student Endowment Internship Scholarship Award

Spring 2021 College of Education Graduate Scholarship Award

Summer 2020 Graduate Scholarship Award

Spring/Fall 2020 College of Education Graduate Scholarship Award

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## Conferences and Presentations

Hendricks, L, Henry, C., Hudson, E., & Mitchell, K. (2024). Alcohol and Drug Use Among African Americans. Invited to present to Santé Institute for Professional Education and Research (SIPER) on substance use and addictions.

Hendricks, L., Smith, D., Guerin, A., Tolliver, D., Ekpe, L., and Mitchell, K.V. (2024, February 11-14). The Experiences of Early Career African American Tenure-Track Faculty. [Conference Panel]. Texas Association of Black Personnel in Higher Education 2024 State Conference.

Mitchell, K.V. (2024, February 01-03). Service-learning in counselor education: A qualitative inquiry. [Conference Session]. 2024 International Association of Marriage and Family Counseling IAMFC World Conference.

Mitchell, K.V. (2024, January 23-26). Service-Learning in Counselor Education: Professional Ethics and Ethical Considerations. [Conference Session]. Ninth Annual Law and Ethics in Counseling Conference.

Mitchell, K.V. (2024, February 9-11). Integrating service-learning into counselor education curriculum: Implications for the advancement of group work. [Submitted Conference Presentation Proposal]. Association for Specialists in Group Work 2024 Biennial Conference: Stronger Together: Research, Reinvention, & Reconnection in Group Work. <https://asgw.org/events/asgw-biennial-conference-783/>

Mitchell, K.V. (2024, February 9-11). Service-learning in counselor education: A qualitative inquiry. [Submitted Conference Presentation Proposal]. Association for Specialists in Group Work 2024 Biennial Conference: Stronger Together: Research, Reinvention, & Reconnection in Group Work. <https://asgw.org/events/asgw-biennial-conference-783/>

Mitchell, K.V. (2023, November 29-December 1). Advancing Global Health Equity with Service-Learning in Counselor Education. The National Board for Certified Counselors NBCC 2023 Global Capacity Building Conference. <https://nbcdf.org/programs/global/conference>

Mitchell, K.V. (2023, September 8-9). Service-learning in counselor education: A round table discussion. [Waitlisted Proposal]. Association for Assessment and Research in Counseling 2023 Conference. <https://aarc-counseling.org/event/2023-association-for-assessment-and-research-in-counseling-conference/>

Mitchell, K.V. (2023, September 8-9). Service-learning in counselor education: Training, practice, and research for student development and innovations within the profession. [Submitted Conference Presentation Proposal]. Association for Assessment and Research in Counseling 2023 Conference. <https://aarc-counseling.org/event/2023-association-for-assessment-and-research-in-counseling-conference/>

Mitchell, K. V. (2023, March 2-3). Service-learning in counselor education: A qualitative inquiry on core counselor education faculty lived experiences developing and enhancing student multicultural competency and social justice advocacy skills in CACREP-accredited programs. 18th Annual Texas A&M University System Pathways Student Research Symposium. Texas A&M University at Galveston. <https://www.tamucc.edu/grad-college/pathways>

Mitchell, K. V. (2023, February 1-4). *Service-learning in counselor education: Advocacy for our students, clients, communities, and profession* [Presentation]. 2023 International Association of Marriage and Family Counselors IAMFC World Conference, St. Petersburg, FL. <https://www.iamfconline.org/>

Mitchell, K. V. (2022, May 27-28). *Service-learning in counselor education: Advocacy for our students, clients, communities, and profession* [Accepted proposal to unattended conference]. Association for Humanistic Counseling AHC 2022 Annual Conference: Humanism, Equity, Authenticity, & Liberation, Nashville, TN. <https://www.humanisticcounseling.org/ahc-conference>

Mitchell, K. V. (2022, February 17-20). *The integration of person-centered group counseling, the ACA Code of Ethics, and Principles of ASGW in counseling refugees* [Presentation]. Association for Specialists in Group Work ASGW 2022 Biennial Conference: Group Work Innovations in a Transforming World, Atlantic Beach, FL. <https://asgw.org/events/asgw-biennial-conference/>

# KARL V MITCHELL

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## Conferences and Presentations

American Counseling Association Conference 2022

Association for Multicultural Counseling and Development Virtual Conference 2021

American Counseling Association Virtual Conference 2021

Texas A&M University – Corpus Christi TAMUCC I-TEAM Mental Health Symposium - Panelist Spring 2021

Aras, Y., and Mitchell, K. V. "Experiences of mentors working with international doctoral students in CACREP-accredited counselor education programs." 2021 Association for Humanistic Counseling Annual Conference, Virtual. June, 2021.

Mitchell, K. V. (2021, April 5-30). *Counseling refugees: Interventions and best practices for counselors and counselor education* [Waitlisted presentation]. American Counseling Association ACA Virtual Conference. <https://www.counseling.org/conference/conference-2021>

Mitchell, K. V. (2020, June 24). *Counseling refugees: Interventions and best practices for counselors and counselor education* [Presentation]. Association for Multicultural Counseling and Development AMCD Virtual Summit. <https://www.virtualconference.com/event/association-for-multicultural-counseling-and-development-virtual-summit>

Aras, Y., and Mitchell, K. V. (2020). Perceptions and experiences of international students in CACREP-accredited counselor education programs [Copresenter]. Gulf Coast Counseling Association GCCA Virtual Conference

BIPOC Virtual Conference 2020 Department of Counseling & Educational Psychology

Texas Alamo Region Counseling Association 2019 Winter Conference  
Helping Families on the Mental Illness Roller Coaster

San Antonio Refugee Mental Health and Wellness Workshop 2019

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## Volunteer Service

2023 Association for Specialists in Group Work Conference Reviewer

Reviewed assigned proposals for the 2024 ASGW Conference.

2023 American Counseling Association ACA Conference & Expo Reviewer

Reviewed assigned proposals for the 2024 ACA Conference & Expo.

Scholastic Art and Writing Awards Panel Judge (2022-2023) <http://www.artandwriting.org/>

Judged four panels (grades 9-12) for the 2023 Scholastic Art and Writing Awards.

San Antonio Youth Literacy SAYL Reading Buddy Tutor (2017-2020) <http://sayl.org/>

SAYL Tutor/Mentor during the 2nd grade reading buddy program at Baskin Elementary School in San Antonio, Texas. This position consisted of a commitment of at least one hour per week, for a full school year, approximately 16 sessions, one-on-one with two students, each for thirty minutes.

Good Samaritan Community Services Mentor (2017-2019)

Mentoring program based on the Good Samaritan Community Services and Search Institute 40 Developmental Assets <https://www.search-institute.org/our-research/developmental-assets/developmental-assets-framework/> (e.g., integrity and goal setting) for at risk students.

Harlandale/TAMUSA Tutoring Partnership Program (Fall 2018)

Providing tutoring and worked with students at Harlandale High School throughout the semester.

San Antonio Food Bank SAFB (2017-2019) <https://safoodbank.org/>

Community Kitchen (Served Haven for Hope residents at the transformational campus)

New Braunfels Food Bank (Provided service to clients at the Community Food Bank)

Urban Farm (Worked with the SAFB during different shifts on the Urban Farm that provided produce to clients throughout the year)

Haven for Hope - Transformational Campus (2017-2019) <https://www.havenforhope.org/>

Position included work with the Haven for Hope Transformational Campus that provides residential housing to clients experiencing homelessness while clients work to address the issues that have led to their homelessness. Over 150 partner organizations collaborate to provide wide-ranging comprehensive services, from obtaining identification to securing permanent housing.