



EAST TEXAS A&M

Curriculum Vita August 2026

Instructor: Rachel Mathey, M.S.

Academic Department: Psychology and Special Education

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EDUCATION

M.S. Psychology
East Texas A&M University, 2026.

B. S. Psychology
Stephen F. Austin State University, 2023.

A.S. General Studies
Collin College, 2024

TEACHING EXPERIENCE

August 2026 – Present, Graduate Assistant of Record, East Texas A&M University

PUBLICATIONS

Presentations

Mathey, R. & Udry, J. *The Effects of Intrinsic and Extrinsic Motivators in College Athletes.* (2026, April). Poster presented at the Annual East Texas A&M University Graduate Research Symposium, Commerce, TX.

Mathey, R. & Udry, J. *The Effects of Intrinsic and Extrinsic Motivators in College Athletes.* (2026, Match). Poster presented at the Southwestern Psychological Association Conference, Frisco, TX.