

Dr. Felicia Elise Lewis, PhD, LPC-S
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September 2026

Education

- 2019 Texas A&M University-Commerce
Doctor of Philosophy - Counseling Education and Supervision
Cognate: Child and Adolescent Development & Therapy
Dissertation: *After Foster Care: Transition to Adulthood and Independent living*
- 2010 Dallas Baptist University
Master of Arts in Counseling
- 2008 Texas A&M University Commerce
Bachelor of Science in Psychology & Mathematics

Credentials

- Licensed Professional Counselor (LPC), May 24, 2017, State of Texas
License number: 76148
- Licensed Professional Counselor Supervisor (LPC-S), June 2022, State of Texas
License number: 76148

Areas of Interest

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| ACT | Educational Issues |
| Adolescents | Family/Relationship Counseling |
| Adoption Issues | Foster Care |
| Aging out of Care | General Research |
| Anxiety | Learning Disabilities |
| Applied Behavior Analysis | Mental Health |
| At Risk Youth | Play Therapy |
| Attachments | PTSD |
| Autism Therapy (Aut-Play) | Self-esteem Issues |
| CBT | Self-harm |
| Child & Adolescent development | Sensory Processing |
| Christian/Spiritual Counseling | Statistics/Quantitative measures |
| Clinical Psychology | TBRI |
| Counseling | Transitions to Adulthood |
| Crisis Intervention | Young Adult Issues |
| Depression | |

Higher Education Experience

Assistant Professor & Clinical Lead. University of the Southwest, Fall 2024 – Fall 2025.

Duties included but were not limited to: Modify and teach accessible, engaging online courses aligned with university and CACREP standards, focused on student learning, professional skill development, and academic integrity. Oversee clinical practicum and internship operations, including site placements and compliance with licensure and CACREP standards; provide supervision and training to site supervisors and practicum students. Review program admission applications, assess candidate fit, and contribute to student selection processes with an equity- and mission-aligned focus. Chair student concerns committee, addressing academic and behavioral issues with professionalism, documentation, and a student-centered, ethical approach.

- Counseling 5133: Foundations and Ethics, Fall 2024A, Fall 2024B & Summer 2025B
- Counseling 5313: Skills and Techniques, Spring 2025A & Spring 2025B
- Counseling 5403: Group Counseling, Spring 2025A & Summer 2025A
- Counseling 5413: Marriage & Family, Spring 2025B
- Counseling 5423: Child and Adolescent Counseling, Fall 2025A
- Counseling 5833: Practicum I, Fall 2024A, Fall 2024B, Spring 2025B & Summer 2025B
- Counseling 5933: Practicum II, Spring 2025A & Summer 2025A
- Counseling 5853: Internship II, Fall 2025A

Adjunct Professor. Liberty University, Summer 2024- Fall 2024. *Adjunct Professor.* Duties included but were not limited to: Teaching and facilitating online graduate counseling courses through Liberty's faith-based curriculum; integrating biblical worldview and spiritual formation into all course content; providing timely grading, feedback, and academic support for students; and maintaining consistent student engagement through discussion boards, instructional videos, and individualized outreach. Advising students regarding academic progress and professionalism, assessing case-based assignments, and upholding departmental expectations for excellence, ethics, and Christ-centered practice.

- Counseling 504: Multicultural Counseling, Summer 2024D,
- Counseling 667: Clinical Diagnosis & Treatment Planning, Fall 2024B & Fall 2024D,

Ad-Interim one-year non-renewable Professor. Texas A&M University-Commerce, Fall 2023 – Summer 2024. *Full Professor.* Duties included but were not limited to: Prepare and update syllabi, course materials, Brightspace and curriculum for counseling courses. Teach graduate level counseling courses, both online and in person. Serve on departmental committees including the Doctoral program committee, Scholarships committee, Curriculum changes committee and the committee of Website/Marketing/Alumni. Working towards continuing research on higher education transitional service needs for struggling youth. Learning about and preparing to apply for student service grants to grow student services and research for disadvantaged populations.

- Counseling 510: Counseling Theories & Techniques, Spring 2024
- Counseling 512: Career Development, Fall 2023, Winter 2023 & Spring 2024
- Counseling 522: Counseling Diverse Populations, Fall 2023
- Counseling 530: Clinical Mental Health Counseling, Fall 2023
- Counseling 551: Practicum, Fall 2023 & Spring 2024

Adjunct Professor. University of Texas Dallas, Fall 2016-Fall 2019. *Lecturer I.* Duties included but were not limited to: Facilitating a collaborative environment emphasizing Socratic methods and critical thinking strategies to promote higher-level learning in a senior level class; correlated with implementing advanced practice of the role of attachments, development, family systems and trauma in child and adolescent diagnoses and treatment. Taught psychology and child development class to approximately 60 students per semester to form advanced diagnostic skills for evaluating child and adolescent cases based on DSM-V criteria with an average student grade of 89%. Consistently met or exceeded all expectations for both the department and students as evidenced in course evaluations. Held regular office hours, maintained an open-door policy, utilizing group me, blackboard and university email to be constantly accessible, available and supportive of students. Provided one-on-one advising regarding counseling and psychology education and careers.

- Psychology/Child Development 4344: Child Psychopathology, Fall 2016, 2017, 2018, 2019 & Spring 2017, 2018 & 2019

Adjunct Faculty/Professor. California Baptist University, Spring 2018. *Professor.* Duties included but were not limited to: Taught online psychology course focused on integrating spirituality and worldview into mental health practice and the clinician's approach to treatment. Focused on various cultures, belief and world views applicable to therapist in a diverse society. Created videos and discussions facilitating class debates while maintaining requirements set out by the university including grading two major assignments and papers per week for all 25 students.

- Behavioral Sciences 333 CE: Epistemology & Worldview, Spring 2018.

Lecturer/Graduate Assistant Teacher. Texas A&M University-Commerce, Spring 2013, 2014 & 2015, Fall 2014. *Instructor of Record.* Duties included but were not limited to: Created syllabus, lectures/power points, quizzes, test and other class materials for orientation to the counseling profession and helping relationships courses. Introduced various counseling methods, approaches, concepts and techniques. Taught students APA formatting, APA ethics and the application of counseling in different environments and with different populations. Created a collaborative learning environment and provided activities to accompany classroom learning.

- Counseling 316: Parent and Child Relationships, Spring 2014 & 2015
- Counseling 317: Counseling Assessment, Spring 2013, 2014 & 2015.
- Counseling 301: Orientation to the Counseling Profession, Fall 2014
- Counseling 315: Helping relationships, Fall 2014

Co-Instructor. Texas A&M University-Commerce, Spring 2013. *Doctoral Student Teacher.* Duties included but were not limited to: Created discussions for online collaborative learning. Developed an applications assignment of applying class materials to given client situations. Assisted in grading weekly assignments and in putting grades to blackboard.

- Counseling 534: Counseling Children and Adolescents, Fall 2012 & Spring 2013.

Assistant Director of Training and Placement. Texas A&M University- Commerce, Fall 2012-Summer 2013. *Graduate Assistant.*

Duties included but were not limited to: Developed, organized and implemented assistant director of training and placement position. Initiated and maintained contact with possible practicum and/or internship sites for students focused on best matching agencies and student practitioners. Acted as advisor to students pursuing practicum and/or internship courses and practices including assisting with registration, practice requirements, professional identity and placements.

Adjunct Professor. Texas A&M University-Commerce, Fall 2012. *Instructor of record.*

Duties included but were not limited to: Prepared students for the rigor of college education in combination with independent living through overview and implementation of organizational, study and critical thinking skills. Educated and connected students with the various university resources available to assist them in their academic and life achievements.

- University College 111: Freshman Success, Fall 2012 & Spring 2013.

Counseling Experience

Clinical Director. EdYouth Foundation Counseling Services | Dallas-Fort Worth, TX (Virtual) April 2026 – Present. *Clinical Director, Supervisor/Trainer & Counselor/LPC.*

Founded and built EdYouth Foundation's Counseling Services branch from the ground up, developing all clinical infrastructure, policies, employment agreements, and operational systems. Designed and implemented a supervised training clinic model providing affordable, doctoral-level supervised mental health counseling to underserved youth and families across the greater DFW area. Provide direct clinical supervision to LPC-Associates and counseling students (practicum and internship) in accordance with Texas BHEC and CACREP standards, with a focus on developing specialized competencies for working with at-risk, foster-involved, and justice-involved youth. Oversee all clinical operations including staff recruitment and hiring, HIPAA compliance, billing and documentation standards, and EHR management. Serve as the organizational point of contact for community referral partners including juvenile case managers, probation officers, school counselors, and child welfare professionals. Collaborate with the Executive Director to integrate behavioral health services with EdYouth Foundation's workforce readiness and diversion programs, providing comprehensive wraparound support to transition-age youth. Actively pursue grant funding and community partnerships to sustain low-cost and no-cost counseling services for uninsured and underinsured youth and families. Target population includes justice-involved youth, foster-involved and aging-out youth, at-risk adolescents, and young adults navigating trauma, behavioral health challenges, and life transitions

Clinical Director. Bridgeway Wellness & Recovery, Jan 2026 – Present. *Clinical Director, Supervisor/Trainer & Counselor/LPC.* Duties include but are not limited to: Direct clinical operations of a private counseling practice, providing leadership in ethical, evidence-based, and values-integrated service delivery. Provide individual and group clinical supervision to LPC-Associates in accordance with Texas LPC Board and CACREP-aligned supervisory standards, supporting their development toward full licensure and professional identity formation. Design and deliver training curricula in evidence-based clinical modalities, professional ethics, and documentation standards, prepare clinicians for competent, ethical, and whole-person-centered practice. Conduct comprehensive biopsychosocial assessments, individualized treatment

planning, and therapeutic intervention across a diverse clinical caseload. Develop and implement clinical policies, quality assurance protocols, and onboarding programming to ensure consistent, ethical, and excellence-driven care. Mentor clinicians in professional growth, clinical identity, and the integration of personal values and faith within ethical counseling practice

Assistant Director. Unleashing Hope Counseling, June 2017-Present. *Assistant Director, Supervisor & LPC.* Duties include but are not limited to: Assist in running and managing a growing counseling practice through a wide range of roles including assisting with business development, budgeting, conducting interviews, acting as consultant for business decisions, and providing training to other staff/employees. Provide mental health counseling to children-adult and families struggling with adjustments, mood disorders, relationships or attachment issues, trauma and displacement. Specialize in TBRI and CBT treatment strategies to aid in improving the parent child relationship, parenting skills, life-skills and cognitive thought processes for parents/caregivers and clients from disadvantaged populations.

Counselor. D. Brent Dawson Child and Family Institute, November 2015-August 2017. *LPC Intern.* Duties included but were not limited to: Provided couples and individual counseling for adults struggling to reach for self-actualization and life enrichment while maintaining healthy relationships and navigating other life aspects. Provided counseling support and interventions for teens struggling with depression, anxiety, self-injury and suicidal ideation coupled with improving the parent child relationship.

Special Education Counselor. Allen ISD, October 2015-February 2017. *LPC Intern.* Duties included but were not limited to: Provided counseling, support and instruction to special education students to promote educational success through focus on emotional regulation, behavioral modification, awareness of self and others and correcting maladaptive thought processes. Advised teachers, school counselors and other administrators of the individual student needs for better forming, adjusting and/or implementing IEPs. Provided crisis intervention and counseling for students experiencing emotional or behavioral break downs interfering with academic performance or classroom management.

Counselor. Boles Children's Home (Arms of Hope), September 2012- August 2013. *LPC Intern/Doctoral Intern.* Duties included but were not limited to: Providing counseling services to single mothers, adolescents and families as a LPC Intern and a Ph.D. student attending Texas A&M University-Commerce. Services included individual, group and family counseling, play therapy and Ropes course observation and group processing.

Pregnancy Counselor. Pregnancy Resource Center, January 2013-February 2014. *Pregnancy options counselor.* Duties included but were not limited to: Providing counseling services to single mothers, adolescents and families as an LPC Intern and a Ph.D. student attending Texas A&M University-Commerce. Services included individual, group and family counseling, play therapy and Ropes course observation and group processing.

Counselor. Family First Counseling, Dallas TX. January 2012-August 2016. *LPC Intern.*

LPC Intern. Duties include networking and learning the operations of a small private practice, providing individual and couples therapy, keeping session notes, hours logs and documentation of all client contact and participating in supervision.

Professional Development & Training

2026

- EMDR & Mindfulness: Interventions for Anxiety, Panic & Trauma – *eCare Learning*

2024 - 2025

- Current Trends in Texas Ethics - *TCA*
- Integrating Nature-Based Therapy for Healing and Transformation - *TCA*
- Is it Really PTSD? Demystifying Diagnoses for First Responders - *TCA*
- Addressing Mixed Cultures in Couples and Families - *TCA*
- Revolutionizing Career Counseling for Gen Z: Empowering Resilience - *TCA*
- Shifting Roles: Navigating the Transition from School Counselor to Licensed Professional Counselor - *TCA*
- Accepting Our Roots: Breaking The Cycle of Generational Transmission Of Dysfunction - *TCA*
- More than just physical pain: Exploring mental health concerns of individuals with chronic pain. - *TCA*
- Healthy Sexuality After Abuse - Helping Clients Recover from Sexual Harm - *TCA*
- Beyond the Borders: Counselors Impact on Immigration - *TCA*
- Supervising Treatment of Nonsuicidal Self-Injury: Avoiding Gatekeeping Issues for Supervisors - *TCA*
- Supervising LPC-Associates Who Own Their Own Private Practice: Challenges - *TCA*
- Cybersecurity in Modern Counseling Practice - Education, Telehealth, and Beyond - *TCA*
- Ethical SEO for Counselors: Effective Marketing - *TCA*
- The Counseling Compact: Everything You Wanted to Know and More – *TCA*
- 2024 Developmental Models of Supervision and ACES Best Practices – *Kate Walker Training LLC*
- Affirmative Clinical Supervision: An Integrative Model - *SACES*

2021 - 2023

- Expanding your counseling practice with counseling student interns - *TCA*
- Practicing gratitude to impact outcomes across the lifespan - *TCA*
- Interventions for childhood sexual abuse survivors - *TCA*
- Juggling professional roles - *TCA*
- Competency in treating LGBTQIA+ populations - *TCA*
- Protecting you and your practice with a professional will - *TCA*
- Cultivating counselor identity within online counselor education programs - *TCA*
- LPC Texas supervisor training – *Practice Mentors*

2019 – 2021

- Trauma-informed care for Children in Foster Care – *TX DSHS*
- Childhood & Adolescent Depression – *TX DSHS*
- Screening & Intervention with high-risk behaviors in young people – *TX DSHS*
- TBRI Caregiver Training – *TBRI Practitioner*
- Trauma-informed care – *ACH Child & Family Services*

- Autism connection & self-regulation through Play – *Association for Play Therapy*
- Texas Ethics – *Mesa Springs Hospital*

2017 – 2019

- Assessing Trauma – *Mansfield Counseling*
- Legal & Licensing Issues – *Aaron Robb, PhD, LPC-S*
- High conflict family assessments – *Shelbie Michaels, LPC-S*
- The Changing Social Landscape – *Aaron Robb, PhD, LPC-S*
- Suicide Prevention – *Carrollton Springs: Changes*
- ACT Matrix: treating trauma & increasing precision w/ RFT – *New Take Therapy*
- ACT: Acceptance & commitment therapy – *Carrollton Springs: Changes*
- Lawyer Chat – *Laurel Clements, J.D., LPC*
- Attorneys, records requests and subpoenas – *Jennifer Gomez, LPC-S*

2012 – 2017

- Assessing Alienation vs Estrangement – *Unleashing Hope Counseling*
- TBRI: Trust Based Relational Intervention – *Empowered to Connect/TCU*

Presentation

68th Texas Counseling Association, Professional Growth Conference. Corpus Christi TX, November 2015.

Publications

“After Foster Care: Transition to Adulthood and Independent Living” (Dissertation). August 2019. Committee: Dr. Chester Robinson, Dr. LaVelle Hendricks, Dr. Linda Ball & Dr. Linda Openshaw.

“After Foster Care: Transition to Adulthood and Independent Living.” International Journal of Social Policy and Education, vol. 5, 2023. Ward, F., Robinson, C., Hendricks, L., Smith, D., Wanoreck, H., Parre, J., Archie, C.

Professional Membership

- Texas Counseling Association – Member 2014-Present
- Southern Association For Counselor Education & Supervision – 2024-Present
- Association for Counselor Education & Supervision – Member 2024-2025
- Psychology Counseling Graduate Student Association – Member 2012-2015

Professional, Departmental & Program Committees

Member, Membership Committee, Texas Counseling Association – 2014-2015

Treasurer, Psychology Counseling Graduate Student Association, Texas A&M University-Commerce – 2013-2014

Member, Doctoral Committee, Department of Counseling, Texas A&M University- Commerce – Fall 2023-Summer 2025

Member, CACREP Committee, Department of Counseling, Texas A&M University- Commerce – Fall 2023-Summer 2025

Member, Scholarship Committee, Department of Counseling, Texas A&M University-Commerce – Fall 2023-Summer 2025

Member, Web/Marketing/Alum Committee, Department of Counseling, Texas A&M University- Commerce – Fall 2023-Summer 2025

Chair, Student Concern Committee, Clinical Mental Health Counseling Program, University of the Southwest – Fall 2024-Fall 2025