



**Curriculum Vita
November 2025**

Instructor: Ahfiya J. Howard, Assistant Professor

Academic Department: Social Work

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Faculty Web Page Address: <https://www.etamu.edu/school-of-social-work/>
(department webpage)

EDUCATION

List (most current first) all degrees earned, institutions of higher education attended, year degree earned.

- Doctor of Public Health
Jackson State University, 2020
- Master of Social Work
Jackson State University, 2007
- Bachelor of Social Work, 2006
Jackson State University

TEACHING EXPERIENCE

List all previous teaching positions, including the names of the institutions, the position, and beginning and ending dates.

- September 2022-Current, Assistant Professor, East Texas A&M University
- October 2021-May 2022, MSW Part-Time Faculty, Capella University

- August 2014-June 2021, Department Chair/Assistant Professor, Jackson State University
- August 2020-May 2022, Adjunct Instructor, Tougaloo College
- August 2012-May 2013, Adjunct Instructor, Hinds Community College

PUBLICATIONS

List significant professional publications relevant to the academic positions held, including full citation data for each entry. (APA style preferred).

- **Howard, A.**, Riddley, C., Smith, M., Cunningham, M., Smith, J., and Mercado-Sims, M. (July 2025). Compassion Fatigue and Compassion Satisfaction: Examining the Impact of Years Employed and Work Conditions Among Mental Health Professionals in Central Mississippi. *Journal of the Wisdom Within Quarterly* 2 (1). <https://tpenna7.wixsite.com/journal-of-wisdom/articles>
- Smith, S., Smith, J., Jones, K., Castillo, A., Wiemann, N., **Howard, A.**, and Cunningham Jr., M. (January 2025). Placental ischemia during pregnancy induces hypertension, cerebral inflammation, and oxidative stress in dams postpartum. *Hypertension in Pregnancy* 44 (1). <https://doi.org/10.1080/10641955.2025.2454597>.
- Jones, K., Smith, S., Smith, J., Castillo, A., Burkens, A., **Howard, A.**, Bolton, J., Colon-Perez, L., and Cunningham Jr., M. (January 2025). Postpartum dams exposed to a low-resourced environment display neuroinflammation, elevated corticosterone, and anhedonia-like behavior. *Journal of Applied Physiology* 138 (3). <https://doi.org/10.1152/jappphysiol.00871.2024>
- Smith, J., Powell, M., Cromartie, W., Smith, S., Jones, K., Castillo, A., Shaw, J., Editone III, J., **Howard, A.**, Tatum Jr., R., Smith, A., Fisher, B., Booz, G.W., and Cunningham Jr., M. (November 2024). Intrauterine growth-restricted pregnant rats, from placental ischemic dams, display preeclamptic-like symptoms: A new rodent model of preeclampsia. *Physiological Reports* 12 (21). <http://dx.doi.org/10.14814/phy2.70112>

Accepted

- Riddley, C. and **Howard, A.** (Accepted September 2025). An Examination of College Students' Perspectives on Communication Strategies and Access to Mental Health Services at Historically Black Colleges and Universities (HBCUs). *Urban Social Work*.
- **Howard, A.**, Schroeder, J., Lee, J., and Hendricks, L. (Accepted April 2025).

Social Work Students' Perceptions at an HBCU of Online Learning and Self-Care During Covid-19. *Journal of Negro Education*.

RESEARCH GRANTS AND AWARDS

(This section is **optional**.) List significant grants and awards relevant to the academic positions held including full citation data for each entry.

Format:

Date, Grant Project Title, Awarding Entity, Amount Awarded

N/A